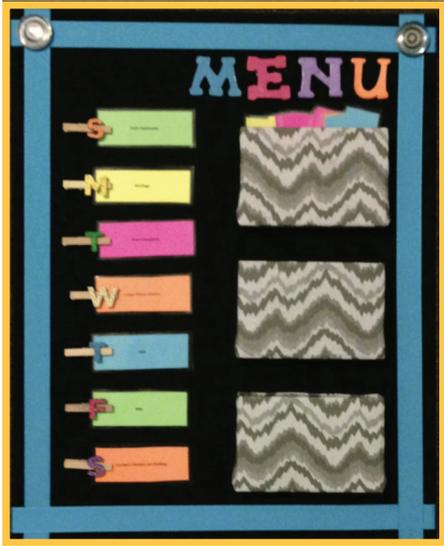


Kosher Menu Board

 30 Minutes



Instructions:

1. Glue the scrapbook paper face up onto your board, it should cover the board completely.
2. Glue the letters "Menu" on to the top center of your board.
3. Use a marker to label the front flap side of each of your 3 mini envelopes: Dairy, Meat, and Parve.
4. Glue the back of the envelopes onto the right side of your craft board, in a line going down.
5. On the left side of your board, glue on the mini clothespins in a line going down, with about 1 ½ inches between each pin.
6. Write a day of the week on each clothespin, starting with Sunday all the way through Thursday.
Optional: Stick the 1st letter of each day onto the actual clothespin.
7. Cut out each of the colored boxes on your "Meal Card Templates" to make 20 little meal cards.
8. Using the "meal ideas" page, come up with 20 different options of meals which include a main dish, side dish, and a desert.
9. Write each meal idea onto a card, and remember not to mix meat and dairy dishes in the same meal! On top of each card check off whether this meal is Dairy, Meat, or Parve.
10. Separate your meal cards into Dairy, Meat, or Parve, and place them in the correct envelope.
11. Use them to plan your Kosher menu for the week!
12. **Optional:** Use stickers or markers to decorate your board.



Think About It

We keep meat, and dairy foods separate, and don't eat them together. Parve foods may be eaten with both meat and dairy dishes.

OVERVIEW

There are so many yummy Kosher meals. Design your own menu board, and fill it with your favorite options!

SUPPLIES NEEDED

- 1 Square cardboard or wooden board 10"x10"
- 1 Scrapbook paper 10"x10"
- Glue
- Scissors
- Markers
- Pen
- Foam or sticker letters approximately 1" in size spelling out "Menu"
- Letter stickers of S,M,T,W,TH (Optional)
- Decorative stickers or ribbon
- 5 Mini clothespins
- 3 Mini envelopes

ONLINE RESOURCES

- Meal Ideas
- Meal Card Templates